

MONDAY	1:00 – 1:30	Adult Tap Beginners
	1:30 – 2:30	Adult Ballet Beginners
	6:45 – 7:45	Adult Ballet
	7:45 – 8:45	Adult Tap - beginners
	8:45 – 9:45	Adult Tap advanced
TUESDAY	10:30 – 11:30	Dance Fit
WEDNESDAY	11:30 - 1:00	Adult Ballet – intermediate foundation
THURSDAY	10:45 – 11:45	BalletBeFit (50 yrs +)
Southfield House, Dorchester	3:00 – 3:45	Chair based exercise class
St Mary's Community hall DT1 2LX	7:30 – 8:30	Adult FitDance
FRIDAY	10:45 - 11:45	Adult Ballet – Grade 7
	12:00 – 1:00	Adult Ballet – Repertoire Level 3